## First Aid

1. **Purpose**

The purpose of this policy is to provide provisions for first aid and/or medical services to employees and contractors when needed.

1. **Responsibilities**

The Site Manager shall:

* Ensure that there is at least one First Aid trained person(s) on work sites who has a valid certificate in first aid training, the American Red Cross or equivalent to render emergency first aid.
* Ensure that adequate First Aid supplies are provided. The First Aid kits shall be easily accessible when required.
* Ensure provisions are made prior to commencement of a project for prompt medical attention in case of serious injury.

The Environmental, Safety, and Health Department shall:

* Develop and update Evacuation and Emergency Plans.

1. **Emergencies and Injuries That Require Treatment Offsite**

For emergencies that require an ambulance to transport the injured worker to the hospital, call 911. In areas where 911 is not available, the numbers of physicians, hospitals, or ambulances shall be conspicuously posted. For non-emergency injuries, the injured worker will be transported to the proper medical provider by the Safety Coordinator or the worker’s supervisor. Proper equipment for prompt transportation of the injured person to a physician or hospital or a communication system for contacting necessary ambulance service shall be provided.

1. **Training**

While it is not mandatory, it is recommended that every employee attend a First Aid course. The company will periodically conduct First Aid courses and employees will be offered the opportunity to participate in the training.

1. **First Aid Kits**

First aid kits shall be placed in weatherproof containers and consist of individually sealed packages of each item type that is appropriate for the environment in which they are used. The contents of the first aid kit shall be checked at least weekly and the expended items replaced. The first aid kit shall be easily accessible when required.

A weather proof first aid kit shall be maintained containing at a minimum the following items:

* Gauze roller bandages, 1 inch and 2 inch.
* Gauze compress bandages, 4 inch.
* Adhesive bandages, 1 inch.
* Triangular bandage, 40 inch.
* Ammonia inhalants and ampoules.
* Antiseptic applicators or swabs.
* Burn dressing.
* Eye dressing.
* Wire or thin board splints.
* Forceps and tourniquet.

1. **Eyewash and Drenching**

Eyewash stations will be maintained so that employee’s have immediate access to flush material from their eyes. Where corrosive materials are used, water will be available to flush the worker if they get splashed or drenched in the corrosive material.